



Family Mediation through a Trauma Informed Lens

Every family needs support during the stages of childhood and adolescence; they are difficult phases that many parents struggle with. If trauma, poverty, insecure housing or other family strains occur, the need is even greater for intervention and support. Special needs and learning differences can also be challenging to families where they may need to reach out for assistance. Families should be supported in their relationship building skills and how to find common ground while creating a peaceful and healthy family environment. This presentation will cover the basics of child and adolescent development, childhood trauma and how best to provide mediation and reconciliation services based on Trauma Informed Care principles and Family Support Principles through examples, role play, conversation and techniques