LGBTQ+ Starter Training Resources Guide for Service Providers

Terminology:

- LGBTQ+: Lesbian, gay, bisexual, transgender, queer/questioning and more.
- SOGIE: Sexual Orientation, Gender Identity and Gender Expression

Long-form Training Videos (recorded, free, requires sign-in):

All Children - All Families: Full Online Learning Archive

Introduction to LGBTQ+ Inclusion

This webinar covers foundational information related to serving LGBTQ+ youth and families. Topics include key terminology and concepts, an overview of the barriers faced by LGBTQ+ youth and families in child welfare, and the steps all service providers can take to overcome these barriers in order to create a welcoming environment.

Best Practices for Serving LGBTQ+ Youth

This webinar takes a closer look at the information and resources needed to achieve safety, permanency and well-being for LGBTQ+ youth in out-of-home care. Topics include research on LGBTQ+ youth experiences, the rights of LGBTQ+ youth, finding LGBTQ+ affirming placements, and tools for advocacy.

Putting Intersectionality Into Practice

This webinar will introduce participants to intersectionality -- a theory that calls on us to recognize that oppressions are linked and cannot be resolved alone -- and how it informs our efforts to achieve safety, permanency and well-being for all young people. Participants will hear directly from LGBTQ+ youth on what intersectionality means to them and what it looks like in practice for child welfare professionals. Case scenarios focused on serving LGBTQ+ youth and adults in child welfare will illustrate what intersectionality can look like in practice.

Short-form Supplementary Videos (free, no sign-in required):

- <u>Trans Teens Talk About What It's Like To Be Trans</u>
 Two transgender teenagers discuss their experiences in coming out, having supportive peers, struggles in bathroom access, and the importance of affirming adults while in high school.
- How to Administer the SOGIE Questionnaire A demonstration of how to administer the SOGIE Questionnaire from the <u>Protocol for</u> <u>Safe and Affirming Care</u> as well as an example of how to have conversation with a young person about their SOGIE to help address any needed resources or support.
- <u>Why Gender Pronouns Matter</u> Trans students explain why pronouns are so important.

Educational Articles on SOGIE Demographic Categories:

- Sexual Orientation Resources: Gay and Lesbian, Bisexuality, Asexuality
- Gender Identity Resources: Understanding Transgender and Nonbinary
- Intersex Resources: What is intersex?

Youth Perspectives:

Mockingbird Society: The Report Card: Statewide Survey of Young Adults with
 Experience in Foster Care

This study provides a perspective on the Washington child welfare system from the viewpoint of those who have been served by the system.