

## Let's Talk About Who You Are: Guide for Staff

### General Guidelines:

- Please review the informed consent portion of the Questionnaire on page 1 before administering the questionnaire.
- Please administer the Questionnaire with the youth, having the youth write in responses and discussing questions and answers as needed. The Youth should not complete the Questionnaire without you.
- The role of staff is to help explain questions and use the questionnaire to learn more about youth, but not to direct youth how to answer. Staff should always provide youth with the ability to answer or not answer as they see fit.

### Question 1 - I am \_\_\_\_\_ years old.

This question is asking your **age** in years.

### Question 2 – My pronouns are: (check all that apply)

This question is asking what **pronouns** you use. Pronouns are words that can be used in place of your name. Here is an example, "Sarah enjoys soccer" can be changed to "They enjoy soccer."

### Question 3 - I am: (check all that apply)

This question is asking about your **cultural identity, race, and/or ethnicity**.

### Question 4 - I am: (check all that apply)

This question is asking about your sexual orientation, which can be based on your romantic and emotional attractions.

- **Straight** – a person who is attracted to people of **opposite** gender identities.
- **Gay or lesbian** – a person who is attracted to people of the **same** gender identity.
- **Bisexual** – a person who has the potential to be attracted to people of more **than one sex and/or gender**
- **Asexual**— a person who experiences no (or little) sexual attraction to others.
- **Pansexual** – a person who is romantically and/or sexually attracted to people **regardless of their gender identity**
- **Questioning** – a person who is uncertain of or exploring their sexual orientation.
- **Queer**—an umbrella term a person uses to signify they are in the LGBTQ+ community.

### Question 5 - I am: (check all that apply)

This question is asking about your **gender identity**, which is how people describe their inner sense of being a man, woman, or another gender. A person's gender identity may or may not correspond with their biological sex assigned at birth.

- **Boy/Man** – a person who identifies as a boy/man (regardless of sex assigned at birth), people who identify as “trans-man” are welcomed to check this option as well.
- **Girl/Woman** – a person who identifies as a girl/woman (regardless of sex assigned at birth), people who identify as “trans-woman” are welcomed to check this option as well.
- **Transgender** -- a person whose gender identity does not correspond with their assigned sex at birth. Please note, if a person whose gender identity that does not correspond with their assigned sex at birth would rather mark the options “boy/man, girl/woman, non-binary,” they can do so.
- **Cisgender** -- describes a person whose gender identity does correspond with their assigned sex at birth.
- **Non-binary** – a person whose gender identity does not fit into the gender binary of boy/man or girl/woman. Non-binary/genderqueer individuals may identify as having two or more genders, having no gender, or moving between genders or having a fluctuating gender identity.
- **Queer**- an umbrella term a person uses to signify they are in the LGBTQ+ community.

**Question 6 – My gender expression is: \_\_\_\_\_**

This question is asking about **gender expression**. This term describes how a person communicates gender externally through their dress, grooming, appearance, behavior, and other ways *and* how their gender is perceived by others. Some associate feminine gender expression with girls / women and masculine gender expression with boys / men. There are also many others whose gender expression does not correspond with their biological sex assigned at birth or their gender identity. The answer is left as a fill-in-the-blank option so that youth can define their gender expression for themselves.

**Question 7 - On my original birth certificate, I was assigned: (check one)**

This question is asking about your **sex assigned at birth**. This is what the doctor or medical professional put on your birth certificate: male or female.

- **Intersex** – a person who is born with chromosomes and/or reproductive organs that do not fit the typical definitions of male or female.

**Question 8 - Have you experienced any of the following? (Check all that apply)**

This question is asking about your past or current experiences with homelessness and involvement in systems such as foster care/child welfare and juvenile justice.

**Question 9 – I am most comfortable/least comfortable being myself:**

This question is asking about where you are most comfort and least comfortable in expressing yourself and being whom you are. Examples include: with friends, with family, in foster care, in juvenile court, in school, at an organization providing services (please specify), and anywhere in the community (parks, businesses, etc.) (please specify).

**Question 10- Are there any particular services or resources to which you would like to be connected?**

This question is asking whether you might be needing additional support or services. Please feel free to share any supports or services you want, including recreational, social, medical, educational, and so on.