Reengaging Students with Anxiety

Multi-tiered programs for secondary students
Ralph’s Story
What does “temporary” mean?
3 Teachers
- 2 General Education
- 1 Special Education

3 Support Staff
- 2 Para-educators
- .50 Social Worker

50-60 students
- 2 classes/5 weeks
- Goals credit
Enrollment Rise Program

- Truancy
- Discipline
- Referral
Student Choice

- Days of week: 2 Minimum
- Hours per day: 2 Minimum
- Classes
- Order
Academics

Online, on-demand, self-paced
Student Goals

Attendance

Academic

Reengagement
Transitioning From Rise

Concurrent
Graduation
Return to school
Summit
1 classroom

• Each high school

4 Teachers

• 1 GSA

Flexible Schedule

• Can attend any period, up to 4
Academics

Self-paced, up to 2 classes at a time, regardless of the # of periods enrolled

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Student Goals

- Attendance
- Academic
- Reengagement
Transitioning From Summit

- Gradual transition by period
- Graduation
- Open Doors program
- Return to school
<table>
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<th>Program</th>
<th>General Fund</th>
<th>SpEd</th>
<th>ESSER</th>
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Professional Development

District-directed;
4 times/year; 2 hours each session

ACEs
Trauma-Informed Practices
Goal-setting Strategies
Applying Exposure Therapy
Overcoming Anxiety Obstacles
Cross-District Collaboration

- Mental Health Therapists
- School-based Tier 3
- Tier 3; district-wide
- Parent Support Seminar
- BIMAS-2, SEL Survey data
- Tier 1 screeners