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Reengaging Students with Anxiety

Multi-tiered programs for secondary students



Ralph's Story

Small. Gradual. Temporary.



What does “temporary” mean?







3
Teachers

- 2 General Education
- 1 Special Education

3
Support
Staff

- 2 Para-educators
- .50 Social Worker

50-60
students

- 2 classes/5 weeks
- Goals credit



Enrollment

Rise Program

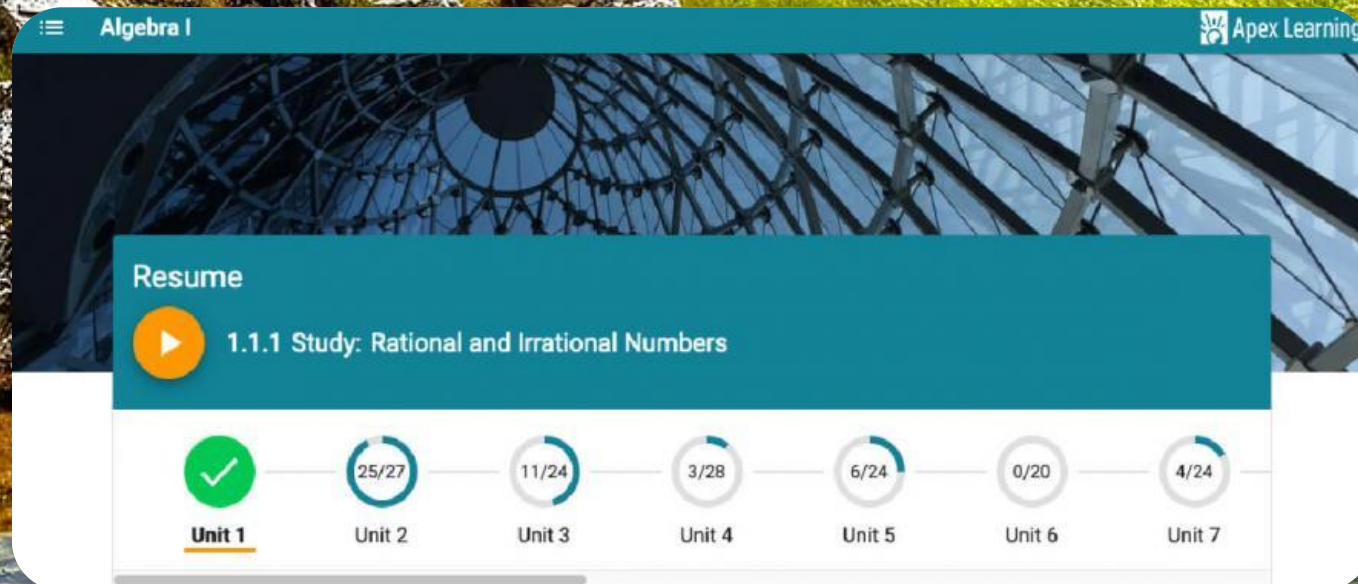
Student Choice



Academics

Online, on-demand, self-paced

apexvs.com



Student Goals

Attendance

Academic

Academic

Reengagement

Rise – Student Goals & Progress Sheet

Student Name: |

Month: Cycle 2 Oct 10 – Nov 10, 2022

Teacher Name(s):

School:

Goals for the Cycle

1. Attendance Goal:

2. Course Goal:

3. Course Goal:

4. Engagement Goal:

NM = Not Met (Less than 50% met), P = Progressing (50% to 99% met), M = Met (100% met), E = Exceeds (More than 100% met)

10/10 - 10/13

Week 1

1.

2.

3.

4.

10/17 - 10/21

Week 2

1.

2.

3.

4.

10/24 - 10/28

Week 3

1.

2.

3.

4.

Transitioning From Rise

Concurrent

Graduation

Return to school

Summit



A rectangular inset image showing a mountain range at sunset or sunrise. The sky is a vibrant mix of orange, red, and pink, with the sun low on the horizon. The mountains are silhouetted against the bright sky, with some peaks catching the light. The word "Summit" is overlaid in a large, white, sans-serif font. The dot of the letter 'i' is replaced by a small white circle with a thin black outline.

Summit



1
classroom

- Each high school

4
Teachers

- 1 GSA

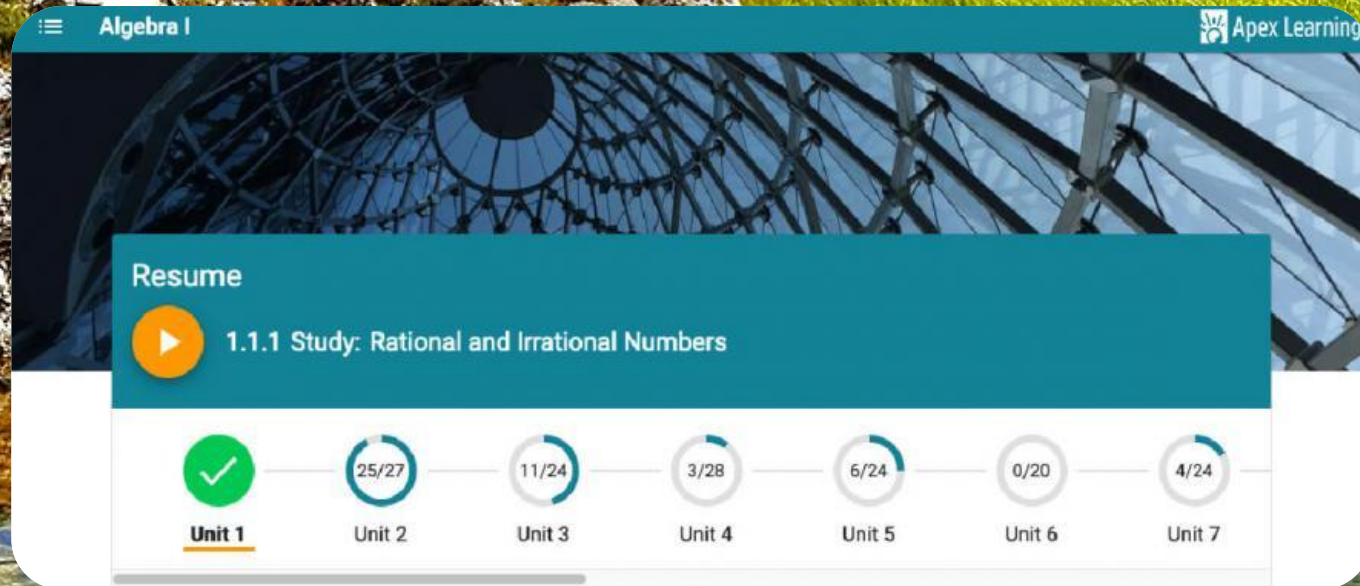
Flexible
Schedule

- Can attend any
period, up to 4

Academics

Self-paced, up to 2 classes at a time,
regardless of the # of periods enrolled

apexvs.com



Student Goals

Attendance

Academic

Academic

Reengagement

Summit – Student Goals & Progress Sheet

Student Name:

Month:

Teacher Name(s):

School:

Goals for the Cycle

1.	Attendance/Engagement Goal:
2.	Course Goal:
3.	Course Goal:
4.	Personal Growth Goal:

NM = Not Met (Less than 50% met), P = Progressing (50% to 99% met), M = Met (100% met), E = Exceeds (More than 100% met)

Week 1	1.			
	2.			
	3.			
	4.			
Week 2	1.			
	2.			
	3.			
	4.			
Week 3	1.			
	2.			
	3.			
	4.			

Transitioning From Summit

Gradual transition by period

Graduation

Open Doors program

Return to school



Funding

Creative and flexible

Position(s)	Program	General Fund	SpEd	ESSER
2 GenEd Teachers	Rise	X		
.5 Social Worker	Rise	X		
1 SpEd Teacher	Rise		X	
2 Para-educators	Rise		X	
4 GenEd Teachers	Summit			X
4 GSAs	Summit			X



Professional Development

District-directed;
4 times/year; 2 hours each session

ACEs

Trauma-Informed Practices

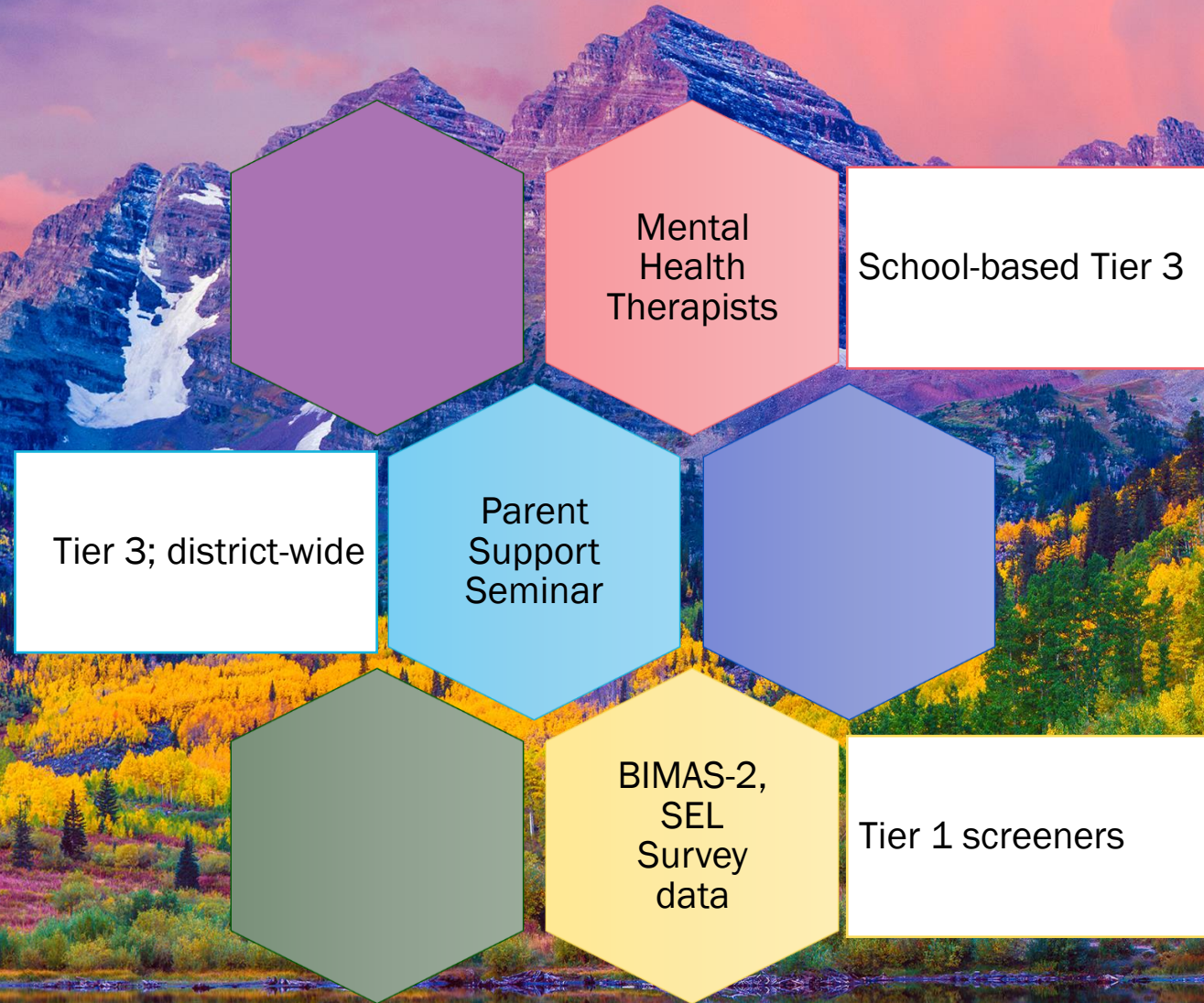
Goal-setting Strategies

Applying Exposure Therapy

Overcoming Anxiety Obstacles



Cross-District Collaboration



THANK YOU!

A photograph taken from inside a tent, looking out through the open entrance. The tent's interior is a warm, olive-brown color. The entrance is framed by two light-colored, mesh-like curtains that are pulled back. Outside, a calm, turquoise lake reflects the surrounding landscape. The lake is bordered by dense green and yellow trees. In the background, majestic, rugged mountains with snow-capped peaks rise against a bright blue sky filled with fluffy white clouds. The overall scene is peaceful and scenic.

Questions?