The Pathway to Improved Outcomes for Children and Families

Everyday Actions That Help Build Protective Factors

 Demonstrate in multiple ways that parents are valued

· Honor each family's race, language, culture, history and approach to parenting

- Encourage parents to manage stress effectively
- Support parents as decision-makers and help build decisionmaking and leadership skills
- · Help parents understand how to buffer their child during stressful times

Help families value, build, sustain and use social connections

- · Create an inclusive environment
- Facilitate mutual support around parenting and other issues
- · Promote engagement in the community and participation in community activities

Model developmentally appropriate interactions with children

- · Provide information and resources on parenting and child development
- · Encourage exploration of parenting issues or concerns
- · Provide opportunities to try out new parenting strategies
- Address parenting issues from a strength-based perspective

Respond immediately when families are in crisis

- Provide information and connections to other services in the community
- Help families to develop skills and tools they need to identify their needs and connect to supports
- Help parents foster their child's social emotional development
- Model nurturing support to children
- · Include children's social and emotional development activities in programming
- Help children develop a positive cultural identity and interact in a diverse society
- Respond proactively when social or emotional development seems to need support

Parental Resilience

Social Connections

Knowledge of Parenting and Child Development **Concrete Support** in Times of Need

Social and Emotional **Competence of Children** CHILDREN'S TRUST & PREVENTION FUNDS

Results

Strengthened Families

Optimal Child Development

Reduced Likelihood of **Child Abuse and Neglect**

Graphics by Norma McReynolds for the NATIONAL ALLIANCE of

strengthening families

Protective Factors

Everyday Actions